



A Private Association Membership

## Synergy One

The highest level of growth factors in the body is produced from infancy to age 28. After age 28 all growth factors begin to decline, with Growth Hormone declining by 14% per decade. Synergy One supplies a naturally occurring growth factor found in the human body, that activates the hypothalamus to produce growth hormone releasing hormone, which triggers the pituitary to release growth hormone, which triggers the liver and other tissues to release IGF-1 or insulin like growth factor one. IGF-1 then triggers virtually all tissues of the body to absorb amino acids so proteins can be made. IGF-1 and Growth Hormone are used interchangeably as synonymous terms in this paper.

Ever wonder why an 80-year man or woman loses so much muscle mass? In large part it is because they lack growth hormone. Growth hormone determines the rate at which you absorb amino acids and make proteins. You can have enough good quality protein in the diet, but still not be absorbing enough amino acids from the digestive tract or into the cells. By boosting Growth Hormone levels to a more youthful level you can begin to absorb amino acids and repair like you did 10 to 20 years earlier in your life. It is quite possible that having being on Synergy One for 6 months that you will feel and look 10 to 20 year younger.

**Here is a little known but important Anti-Aging Benefit of Growth Hormone:** Anything that increases the level of the telomerase enzyme increases telomere length. Any time you increase the length of your telomeres your cells become younger. Cells can be biologically 40, while you're chronologically 60 or 70.

It is now possible to reverse the age of the body. With proper diet, the elimination of chronic inflammation and correct supplementation, you can now lengthen your telomeres and become biologically younger. When cells become younger, then they can produce more mitochondria organelles for energy production, antioxidant enzymes and peptides to neutralize free radicals and toxins, as well as hormones, so that you have more energy and feel younger.

Telomerase has been associated with creating new cells, cell survival and inhibition of cell death. Studies demonstrated that treating these cells with increasingly high doses of Growth Hormone increased telomerase activity with the maximum activation at 24 hours. These findings suggest that Growth Hormone could activate telomerase through the direct activation of TERT transcription, as well as through the PI3-K signaling pathway. <sup>1</sup>

**Benefits of Taking Synergy One:** Some of the consistently reported results from users of Synergy One are: Improved sleep, mood, memory, energy, strength, and vision and renewed reproductive powers. Alleviation of joint and back pains, loss of body fat, diminished wrinkles, reduced cravings for sweets and diminished appetite and the reversal of grey hair to name a few. Results may vary, but these have been commonly reported benefits collected over a 19-year period, from hundreds of satisfied users.

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<sup>1</sup> <https://www.ncbi.nlm.nih.gov/pubmed/15930168>

**Ingredients, Content, Concentration and Length of Supply:** Ingredients: Synergy One comes in a 1-ounce spray bottle, with a 30 ml of solution. There are approximately 192 sprays per bottle. Each spray of Synergy One delivers 833ng of a naturally occurring growth factor the human body already produces, but its production has declined with each passing year after age 28. This provides a one-month's supply, at 6 sprays per day.

**Directions for Use:** For best results Pump 3 to 5 sprays into the cheek area of your mouth, or under the tongue at bedtime and upon arising. Hold in your mouth for 90 to 120 seconds before swallowing. It is important to allow at least 3 hours after dinner and 45 minutes before breakfast before using Synergy One. It is essential that your insulin levels be low when taking Synergy One. IGF-1 is blocked by the presence of excess insulin.

### Synergy One Testimonies

"In the two weeks since I have been using Synergy One, the osteoarthritis in my knees has improved 98% -- to the point where I didn't even find it necessary to mention it to my medical doctor during a recent visit. In addition, my complexion has an added softness. But the most outstanding change has been in my mood and alertness, which is a mellow sharpness. I had never gotten any results whatsoever with the GH Precursors, and I had tried various brands. Keep up the extraordinary work... and I'll write again in a few months." Sincerely, Alice

"Last year, after using a trial order of Synergy One, I re-ordered the product and was delighted with the results. My hair color lost some grey and looked more like my natural brown; my arthritis twinges subsided; I felt generally more energetic, vital, and mentally sharper, as though I were enjoying a "Spring Tonic" like Mama used to dole out. Due to the urging of a friend and financial issues, I tried a different GH product that claimed a lot and cost less money. After three months of use and disappointing results, I am requesting a new order of Synergy One. I know what to expect and I look forward to feeling "Spring Tonic Perky" again, and also dropping some accumulated fat. At 72 years of age, I'm vain enough to like the compliments I hear of looking 15 to 20 years younger." M.H.

"My name is Charles. I have been taking Synergy One for a month and a half now and have found it to have a dramatic improvement in my life. I am sixty-two years old and have been suffering from arthritis for 25 years. My arthritis has consumed my hands, knees and spine. After a month on the Synergy One, I noticed improvement in my ability to go up and down stairs, as well as the pain from the arthritis in my hands is gone. The improvement is so significant in fact that I no longer need to take Celebrex, my prescription medication for arthritis. I have received many other benefits as well; my blood pressure has gone down to 145/97 from 175/140. The medication that I have been on has not been able to stabilize my blood pressure for 10 years or get my diastolic under 100. Also, my sex drive has increased and my wife has also commented on my hair looking darker. Thanks to Synergy One, I feel great!"

"I am 59 yrs. old and have been menopausal since 1997. I have had no sexual desire for more years than that plus extreme vaginal dryness. After two weeks of taking Synergy One all that has changed. I am so young again sexually. The dryness is gone and sexual desire and pleasure has returned. In fact, the desire and pleasure is stronger than it has ever been. My husband and I used to talk about my frigidity, but don't need to anymore. Who can believe all that has changed at age 59? Several years ago I tried natural estrogen therapy, but only took it for two months because I didn't see any improvement and it wasn't covered by my insurance. I've been taking Synergy One for one month and it is worth every penny. I am also feeling much more energetic and do not have any "down" feelings. I am looking forward to see

what results I get after taking Synergy One for a few months.” – LR

### Maximizing the Benefits of Synergy One With Other Synergistic Nutrition Products

- [Tri Phos B](#): supplies the co-enzymatic or active forms of vitamins B1, B2 and B6 enterically coated so it only breaks down in the small intestines. This guarantees you will absorb an abundance of the active forms of these vitamins. When B1 and B2 get into the cell you can make a lot more energy. And with active B6 you produce more neurotransmitters or brain chemicals resulting in an abundance of mental energy. Take 1- 2 tabs 30 minutes before breakfast, lunch and dinner.
- [Active B's](#): supports creation of energy, nerve health, red blood cell synthesis and conversion of amino acids into neurotransmitters.
- [One World Whey](#): supports glutathione production, detoxification, anti-inflammatory effects, muscle growth, repair, endurance, stable blood sugar, fat loss and immunity.
- [Mineral Magic](#): supplies 68 trace elements that support metabolic enzyme production. Mineral Magic consistently produces the following reported benefits; improved energy, elimination of cravings for unhealthy foods, 50% reduction in quantity of food needed and reversal of grey hair and improved libido.
- Folks that have weak or diseased kidneys should not take Mineral Magic, but instead would be better off using [Liqui Min](#). Liqui Min is a colloidal trace mineral supplement with smaller particles that are much easier for the kidneys to excrete.
- High sugar levels completely negate results. Take Synergy One 1 hour before or three hours after food. Eliminate or substantially reduce your intake of white sugar, sodas, coffee, alcohol, candy, bottled fruit juices and sugarcoated breakfast cereals. Eliminate anything that contributes to chronically high blood sugar. Avoid large meals or snacks before bedtime. Best time to take is at bedtime and upon arising.
- Exercising, especially weight-training, and brief periods (1 to 3 days) of water or juice fasting will help increase repair. Take Synergy One approximately one hour before any vigorous exercise for added repair support.
- Wait five minutes before drinking any fluids after spraying Synergy One in your mouth.
- Stress burns up the supply of amino acids in the body. Taking properly formulated free form amino acids can compensate and alleviate the feelings of stress. When free form amino acids are taken in conjunction with Synergy One, there is a synergistic effect. Synergy One maximizes the absorption of the amino acids. Taking 2-4 capsules of either [All Basic](#) or [All Basic Plus](#) or [Super Sports](#) with water, just before taking Synergy One in the morning, will produce outstanding results; of more energy, focus, better blood sugar, less of an appetite, more creative thinking and immune support. Take Super Sports if you plan to exercise; All Basic if you plan to do mental work; and All Basic Plus if you need to calm down and do mental work.

Synergy One 60-day Guarantee Information: Please use the entire bottle of Synergy One. If results are unsatisfactory, please call us first to discuss the possible reasons for it not working. If no resolution can be found then you will be refunded. This guarantee is only the first bottle used.